

HSC3004 : Complementary and Alternative Health

This course reviews and compares traditional medicine to complementary or alternative health measures. Examination of current trends will focus on the business practices and practitioners involved in these alternative healing therapies. Various types of Alternative and Complementary medicine will be evaluated based on scientific research, including Systematized Practices, such as traditional Chinese and Ayurveda medicine; Botanical Healing, such as herbs, nutritional supplements and homeopathy; Manual Healing Methods, including chiropractic, massage, and pressure point therapies; and Mind-Body Techniques, such as yoga, meditation, hypnotherapy, and biofeedback.

Credits 4.0

Prerequisites

[BIO1011](#), [BIO1012](#), [BIO1013](#) and [BIO1014](#) with grades of C or better or enrolled and in good standing in the RN to BSN or RN to MSN program

Corequisites

None