

# CNS6568 : Multicultural Foundations Seminar

This course includes studies of multicultural and pluralistic trends including characteristics and concerns of diverse groups; providing an understanding of theories of multicultural counseling, identity development, and social justice while examining attitudes and behavior based on factors such as age, race, religious preference, physical disability, social class, sexual orientation, ethnicity and culture, family patterns, gender and review of the processes of intentional and unintentional oppression and discrimination. This course is meant to sensitize students to the impact of culture on the counselor's understanding of individuals from diverse backgrounds, counselor self-evaluation (e.g., moral), ethical, and legal considerations in the context of professional counseling. This coursework shall include study of attitudes, beliefs, understandings, and acculturative experiences, including specific experiential learning activities designed to foster students' understanding of self and culturally diverse clients. This course is designed for students pursuing North Carolina Licensure requirements of this core course.

**Credits** 0.5

**Prerequisites**

None

**Corequisites**

None