

CNS6161 : Counseling Techniques

A fundamental study of the helping relationship is provided. The course provides a broad understanding of philosophical bases of helping processes: counseling theories and their application: basic and advanced helping skills; consultation theories and their application: client and helper self-understanding and self-development; and facilitation of client change.

Credits 4.0

Prerequisites

None

Corequisites

None

Notes

Quarter 2 or Approval of the Program Director