

# CNS6006 : Counseling Theory Seminar

The basic theory, principles, and techniques of counseling and its application to professional multicultural counseling settings are explained. Also considered are the various theories, principles and techniques of counseling and issues (e.g., counselor self-evaluation (moral), ethical, and legal) in the practice of professional counseling. An orientation to wellness and prevention as desired counseling goals, essential interviewing and counseling skills, and consultation theories and their application in various professional settings will be integrated in this course. An understanding of the family and systems theories will be conveyed. This coursework will conclude with crisis intervention and suicidal prevention models. This course is designed for students pursuing North Carolina Licensure requirements of this core course.

**Credits** 0.5

**Prerequisites**

None

**Corequisites**

None