

PTA2021 : Therapeutic Exercise and Orthopedic Applications

PTA2021 studies the use of exercise techniques to impact the musculoskeletal system to increase strength, normalize range of motion, improve balance and coordination in the performance of movement, correct postural dysfunction, and promote wellness. Students will also study measurement techniques appropriate to exercise programs.

Credits 6.0

Prerequisites

Eight Quarter Program: [PTA2000](#), [PTA2047](#); Nine Quarter Program: [PTA1006](#), [PTA2000](#)

Corequisites

Eight Quarter Program: [PTA2046](#), [PTA2050](#); Nine Quarter Program: [PTA1008](#)