

# PHA4248 : Immersive Lifestyle

Critical role of the pharmacists as emerging health care providers is assisting make practical and sustainable life style modifications. Understanding barriers to healthy lifestyles is central to helping patients becomes successful in implementing change. Students will increase their knowledge regarding lifestyle medicine and motivational interviewing, and engage in physical activity.

**Credits** 3.0

**Prerequisites**

None

**Corequisites**

None