

# OTA1031 : Occupational Therapy in Mental Health

This course will center on the occupational therapy process in relation to individuals with psychosocial conditions and/or challenges across the lifespan. Emphasis is placed on historical and theoretical overview, clinical characteristics and medical management, assessments and intervention, evidence-based practice, and issues impacting holistic psychosocial OT practice. Students are placed at Level I Fieldwork sites from 24-35 hours towards the end of the course for experiences which apply academic course preparation to psychosocial conditions, as part of [OTA1039](#) Level I Fieldwork in Mental Health.

**Credits** 5.0

**Prerequisites**

Eight/Nine Quarter Programs: Admission to the Professional Curriculum of the OTA program

**Corequisites**

Eight Quarter Program: [OTA1011](#), [OTA1020](#), [OTA1039](#), [OTA1045](#); Nine Quarter Program: [OTA1020](#), [OTA1039](#), [OTA1045](#)